

SkinPerfect

PERMANENT MAKEUP - EYEBROW AFTER CARE INSTRUCTIONS

Proper Aftercare is a very important aspect of the long-term success, effectiveness, health, and overall satisfaction with your new permanent makeup. It is very important to follow these instructions to achieve the best possible results from your permanent makeup procedure. It usually takes 7-10 days for the skin to heal visually and 4 weeks for the skin to heal beneath the surface. It is very important you follow these aftercare instructions until your skin is completely healed and all flaking is gone.

Day of Procedure: With medium pressure, blot the area with tissue or cotton pad to absorb excess lymph fluid. Do this every 30 minutes until oozing has stopped, however long that takes. Removing this fluid prevents hardening of lymph, thus helping to prevent scabbing. Blotting is key!

Evening on Day 1 (day of treatment): Always wash your hands with a disinfectant soap before touching your eyebrows and/or applying the aftercare ointment. Gently wash your eyebrow with baby shampoo or a gentle cleanser. Make sure you do not use any cleansers with exfoliants or AHA's. With a very light touch, use your fingertips to gently cleanse the area. Rub the area in a smooth motion for 10 seconds and rinse with water until all soap is rinsed away. To dry, gently pat with a clean tissue. Next apply a THIN layer of aftercare ointment (tiny rice grain amount). Apply the ointment with a Q-tip and apply no aggressive movement and/or manipulation of the skin. Be sure not to over apply, as this will suffocate your skin and delay healing. The product should be barely noticeable on the skin. NEVER put the ointment on a wet or damp procedure area.

Day 2-7: Make sure your hands are completely clean before caring for your eyebrows. Do not rinse skin or get brow area wet. Apply the aftercare ointment to your eyebrows 1-2x per day, preferably in the morning and evening. Apply a TINY bit of aftercare ointment with a cotton swab and use no aggressive movement and or manipulation of the skin. You can apply more aftercare as needed in the day if they feel too dry or itchy. DO NOT SMOTHER IN AFTERCARE as the procedure area needs oxygen to heal.

Important Reminders and Healing Tips:

- Use a fresh pillowcase while you sleep. Sleep on your back to avoid pressure on your brows for 10 days.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- Wait 4 weeks for facials, botox, chemical peels or microdermabrasion unless cleared by your technician.
- Avoid sweaty exercise for the 1st week after procedure as sweating is a natural purge and can cause loss of pigment.

- Limit your showers to 5 minutes so that you do not create too much steam. Keep showers quick and avoid facing the shower head. Keep your face (procedure area) out of the water while you wash your body. Be sure to wash your hair with your head tilted backwards to stop water running down your face. Keep hair pulled off your face post shower when wet or styling so brows will not get infected or too damp. The more they can stay dry and breathe, the faster they will heal.
- Do not apply makeup over healing area for 2 weeks.
- No tinting of brows or lashes until brows are fully healed.
- Avoid hot tubs, steam rooms, sun, saunas, and swimming (including chlorinated pools or Jacuzzis, the ocean, or recreational bodies of water) or submerging your eyebrows in water for 2 weeks. Most importantly, avoid face-down swimming.
- Stay out of the sun for 2 weeks then once completely healed, use an SPF to protect color and slow fading.
- Do not use products containing AHA's on or near pigmented areas including glycolic or lactic acids or Retin A products (they will fade pigment). Be sure to check all of your skincare products for these ingredients.

Please be aware:

Follow up app't should be scheduled between 4-8 weeks after the initial procedure. New procedures are usually a 2-step process until final results are sometimes not determined until follow up visit is completed. Do not judge your procedure while it is in the healing process as it may require a follow up.

All procedures carry risk of infection or allergic reaction although highly unlikely, so if swelling, pain, bruising persists for more than a few days, it may be a sign of infection, be sure to contact your physician.

Medical conditions can cause hormonal changes in the body. This also makes it difficult to predict how permanent makeup will heal and last in your body.

Oily skin has a harder time holding onto color due to the oils that come through the skin like to expel pigment at a faster rate. So be patient and know that your pigment will need to be layered with frequent touchups.

What to expect after permanent makeup procedure?

Following your appointment, it is likely that your makeup will look bold, dark, and prominent perhaps not quite as you expected them to be. In most cases, the skin under the pigment will be slightly red, causing the area to look darker.

1. You may have slight swelling, thickness and/or redness for 1-2 days following the procedure. This can make your brows look uneven. Do not worry, they will change once the swelling goes down. If after they are healed, they still appear uneven, we will address it at your touchup.
2. The day after your procedure, the color can appear darker. This is due to the pigment oxidizing. Do not worry, this will fade after approximately a week. After about a week, the color may appear too light, however, about 10 days later, the color will begin to

show through the skin more (this is due to the healing process and the new skin forming which is thicker and pinker).

3. Tenderness, dryness, and itching are all normal as the area heals. This is the normal response from the body. During exfoliation, the treated area starts to itch, and the texture will appear much thicker. The skin will start to scab from the outside edges in.
4. The procedure may have some peeling on or around the 3rd day which is a normal part of the healing process for some clients. Scabbing can also be present, NEVER pick these areas or you will pick out the pigment. As swelling, and redness subsides, towards the end of the flaking process, the darkness and thickness of the eyebrows will reduce. This will result in soft, natural look.
5. It is normal to lose approximately 30-60% of the color during the healing process, depending on an individual's dermis, skin condition, age, and UV exposure.
6. It will appear softer when completely healed. The pigment that the skin held will be surface in 4-8 weeks. This is the ideal time to make sure you have scheduled your touch up visit to saturate more pigment and make any minor adjustments. If you want them more defined and bolder/darker, we can address that at your touch up appointment.
7. Please be patient, the healing takes approximately 30 days.
8. It is extremely rare however some skin may reject the pigment. In that is the case, do not worry. When the pigment is introduced again at your touch up session it will have better tension.