

SkinPerfect

PERMANENT MAKEUP - EYELINER POST CARE INSTRUCTIONS

Proper aftercare is a very important aspect of the long-term success, effectiveness, health, and overall satisfaction with your new eyeliner procedure. It is very important to follow these instructions to achieve the best possible results from your permanent makeup procedure. Included here are general permanent makeup aftercare instructions that will help limit any infection or problems and assure a healthy and successful healing as quickly as possible.

There will be an epithelia crust that forms in the days following the procedure. This crust is a combination of dried pigment and plasma that forms externally. It is important that you do not pick at this crust (or scab), picking as it will result in a loss of pigment. The crust will fall off naturally within a few days. Slight swelling will occur for about 2 days or less. For the first few days following the procedure, the area will feel similar to that of a sunburn. The aftercare ointment can help soothe the area, apply the aftercare 2x's per day for 5-7 days.

- All permanent makeup carries the risk of infection or allergic reaction, although highly unlikely, so, if swelling, eye irritation persists for more than a few days it may be a sign of infection, be sure to contact your physician.
- Treat your new permanent makeup like an open wound.
- Eyes will be sensitive to pet dander, gardening, dust, and dirty hands. • Avoid driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles. • Do not performing tasks related to heavy household cleaning such as garage or storage cleaning where there is a lot of airborne debris. Care must be taken to keep the eyes clean and free of bacteria.
- Do not wear contact lenses for at least 48 hours after your eyeliner procedure. • Do not touch the treated area unless hands are washed thoroughly as this can invite an eye infection.
- Be sure to avoid ointment getting trapped in your lashes. If it does, take a Q-tip and gently remove.
- No scratching, rubbing, or picking of the treated area even if it feels itchy. To relieve the itch, after care ointment helps or just gently pressing the eye area with a clean cotton pad or paper towel. Be cautious around the area (such as pulling clothing over your head).
- Do not apply makeup on treated area (for 1st 7 days) until healed. After your eyeliner has healed, please use a brand-new mascara to eliminate the risk of infection. Also, please refrain from using an eyelash curler for 2 weeks and getting eyelash extensions till 4 weeks after completed touchup.
- Do not expose treated areas to the sun for 5 days.
- Apply a small amount of ointment the as directed 2x's per day on treated area until peeling comes off; normally 5-7 days (do not peel the area yourself, let this fall off

naturally).

- Keep showers quick and avoid facing the shower head. Keep treated area dry for 5-7 days.
- Absolutely no soaps, chemicals or cleansing creams applied to the area for 5 days.
- Sleep on your back to avoid pressure on your eyelids.
- Absolutely no scrubbing your eyes.
- Avoid excessive sweating/exercise, sun, saunas, and swimming (including chlorinated pools or Jacuzzis, the ocean or recreational bodies of water) for 2 weeks.

Average healing process for an Eyeliner Procedure

Average healing time will vary from person to person and will depend on your physiological factors that include age, skin type, circulation, hormonal cycles, and how easily you bruise. As with any type of skin trauma takes longer to heal in mature skin whereas younger skin may heal faster. Other factors that may affect healing time include diet, excessive physical activity, exposure to direct sunlight, and any medications you might be taking.

Most clients are fully healed by 4 weeks.

Day of Procedure:

Following your appointment, it is likely that your makeup will look bold, dark, and prominent which may not be what you expected them to look like following the procedure. In most cases, the skin under the pigment will be slightly red, causing the area to look darker. Your eyeliner is approximately 30% darker than it will be when it's healed. It will also appear slightly larger than it will heal in just a few days. This is due to color oxidation as well as a small amount of swelling which is a normal part of the healing process. You will have no trouble driving home and going about the rest of your day. It's unlikely that anyone will notice you've had your permanent eyeliner.

- For the first 24 hours, lymph fluids may surface on treated area. With PMU procedure, the skin starts oozing lymph as a response to the breaking of its surface. The lymph fluid mixes with drops of blood and pigment, in which case, you should take a damp cotton pad and dab gently over the area or you can splash your eyes with water and wash off any pigment residue with clean fingertips immediately after procedure. Wash the skin around the eyes twice a day, morning & night using a gentle, unscented soap (baby shampoo works well).
- After eyes procedure eyelids appear red and puffy, the puffiness usually comes down on the same day, although it may take longer on some clients to heal, and symptoms may appear more prominent. You may have slight swelling, thickness and/or redness for 1-2 days following the procedure. Swelling differs with every person. To eliminate the swelling, you can use a cool compress to the eyeliner area for 10-minute increments up to once every hour for the first 48 hours. Do not use ice directly as this is quite shocking to your skin; cold water on a soft cloth or paper towel over the surface of your procedure area is all you need. You may use plastic eye masks or packs as long as a wet paper barrier is placed between the mask and your skin. Avoid getting the

area wet as the dampness is just to prevent anything sticking to your procedure area. An additional pillow is advisable when sleeping that evening. If you sleep on either side of your face, this can make your eyeliner heal uneven. Do not worry, they will still change once the swelling goes down. Once they are healed, if they still appear uneven, we will address your touchup.

- Clients who have had eyeliner report that they felt like they had tired eye on the 2nd day but then it subsided by lunchtime and by evening their eyes felt back to normal. The swelling and tired eye feeling will reduce after being in an upright position and from blinking and increased circulation to the area.
- Avoid crying as tears can prematurely lift the pigment in the eyeliner procedure due to the salt in our tears and the continual wetting of the eyelids.
 - If necessary, you can use the over-the-counter eye wash, or wetting drops and any prescription medications after the eyeliner procedure (Do not use saline solution for contact lenses to rinse as the salt content is high and can increase pigment purging).

Day 2-7:

You should expect a certain amount of mattering around the eyelashes in the morning, and/or swelling of the eyelids, caused by a natural nighttime fluid retention. Eyeliner procedures may produce a small amount of stickiness upon awakening in the morning with eyelashes clumping together, take a damp Q-tip and gently work them apart and brush out. Make sure to pat dry afterwards.

- The day after your procedure, the color can appear darker. This is due to the pigment oxidizing. Do not worry, this will fade after approximately a week.
- You may wake up slightly puffy, but you can remedy this by sleeping at an incline or applying a cool compress. Your eyeliner will feel tight and dry but not painful. • A thin, scabby film will have formed over the procedure area. This is nature's natural bandage, and the skin beneath will gradually heal. Once the punctures underneath it close, the scabs will start falling off in tiny flakes and they may get caught in your lashes so you can take a disposable mascara spoolie to gently brush them out. You want to allow healing to shed naturally as much as possible. In general, it takes approximately 5-7 days to "surface" heals from most procedures. The inside layers of your skin will take a few weeks to completely heal, and you may have residual dryness or itching during this time. Note that not all clients get scabbing as everyone heals differently. The pigment will go through the color changes during the healing process. As swelling, and redness subsides, towards the end of the flaking process, the darkness and thickness of the eyeliner will reduce. This will result in soft, natural look. It's expected for a portion of pigment to not get retained in the skin as it heals and sometimes artists will choose a shade darker on the touchup appointment. The whole flaking process should start about day 2 and end by day 10.
 - After about a week, the color may appear too light or even look like it disappeared (we call this the ghosting stage). At this point, you might find yourself thinking my permanent eyeliner disappeared, it didn't, it just needs some more time to reveal its final form. The factors that cause the illusion of disappearance is that some of the pigments get

extracted, and new skin closes up the punctures made with the needles which makes healed pigment look very light. As the skin heals over the dots of pigment, a new layer which is very light gets formed over the marks and creates a sort of a veil. The pigment is in there, but it can't really be seen well through the skin. As the light skin blends, the pigment will show back up. Most clients report that their permanent eyeliner looks its lightest around day 9. From that point, it will gradually darken back up. After about 10 days, the color will begin to surface more (this is due to the healing process and the new skin which is thicker and pinker). The pigments will show their true color result by days 30-40 after procedure. This is the best time to assess how well the results have healed and get if for your touchup.

- Tenderness, dryness, and itching are all normal during the healing time. This is the normal response of the body. During the exfoliation process, the treated area starts to itch, and the texture will appear much thicker. The skin will start to scab from the outside edges in.

Please be aware:

- It is normal to lose approximately 30-60% of the color during the healing process, depending on an individual's skin density and health of their dermis. Results are affected by your skin condition, age and UV exposure. This is why there is a 4-8 week touch up session recommended. Any fading will be addressed at your touch up.
- Your eyeliner will appear softer when completely healed. Additional will be added in around 4-8 weeks. New procedures are sometimes a 2-step process and final results are not determined until the healing from the follow up visit is completed. Do not judge your procedure until 8 weeks after the completed touchup.
- This is the ideal time to make sure you have scheduled your touch up visit to saturate more pigment and make any minor adjustments. If you want them more defined and bolder/darker, we can address that at your touch up appointment.
- Please be patient, the healing takes approximately 40 days.
- The longevity of permanent makeup is affected by many factors. The predominant factor affecting the durability of the permanent makeup is your skin. Skin that is very oily, very dry, UVA/UVB damaged, and uneven texture often does not achieve the desired result from one appointment. This is due to greater pigment loss during the healing process. It is crucial to follow aftercare instructions. Your lifestyle, medication, metabolism, immune system, and age also have an influence on the lasting effects of permanent makeup. Also, another factor in pigment retention is how thin, red or vascular the eyelids are as the dermis may not be dense enough to hold a lot of pigment. Clients with these types of eyelids may have to accept a softer and lighter look.
- Touch up appointments should be scheduled between 4-8 weeks from the initial procedure to extend the life of your permanent makeup, alongside ongoing home maintenance.
- Future touchup appointments are required to maintain their shape and depth of color. If you do not maintain, the color will lighten over time. Fading greatly depends on your skin type, lifestyle, sun exposure, pigment color used, broken capillaries, and iron

deficiency. We suggest that if you want to maintain your eyeliner looking its best, that you plan on scheduling once a year for best results.

- Exposure to the sun and tanning beds can cause fading and discoloration of the pigments.
- The regular use of eye drops, or other preparations instilled in the eyes will cause premature fading of permanent eyeliner.
- Avoid using chemical exfoliants or heavy creams on the eyes as it will cause quicker fading.
- Avoid laser procedures near your eyes (such as IPL Laser). Some lasers distort the pigment molecules causing it to darken or lighten.
- If you are planning a laser procedure or an MRI scan, inform the technician of your cosmetic tattoo.
- The use of Retin A, Tretinoin, hydroquinone, or any other rapid skin exfoliation, skin lighteners, skin regenerators used regularly on an area surrounding the eye will cause your permanent makeup to fade prematurely and therefore you need to embrace more frequent touchups.