

SkinPerfect

POST CARE PERMANENT MAKEUP - LIPS

What you need to know:

Unlike other parts of the face, lips are a muscle, without hair follicles. Lips also have a very large supply of blood. The ratio of pigment retention taking on the vermilion border verses the vermilion tissue of the lip is very different. Lip liner will have a much greater retention of color. The vermilion tissue of the lips will be far less. Lip pigments tend to be translucent and need to be layered. This means a full lip may take 1 to 3 sessions, depending on the desired results, along with the natural lip color. In many cases a client will lose from up to 70% of the initial lip pigment application. They will get a much greater uptake of color on the second session, and third if warranted. This is the reality of lip procedures.

After care instructions:

- Change your pillowcase when you get home, to a clean "non-designer" style pillowcase. We don't want any previous body oils or cosmetics to rub into your new permanent cosmetics. Please be advised that any pigment residue could stain your pillowcase for at least 1-week after your appointment.
- Lips will feel swollen and very dry after your treatment. Wipe lips gently with supplied cotton rounds each hour the day of your lip procedure. For several days following the procedure, rinse with tepid water 2-3 times per day to moisten and loosen body fluids from forming a crust. Then allow lips to dry for 5 minutes prior to applying your provided aftercare ointment. Apply supplied after care ointment on lips several times a day. This should be done for at least 14 days post treatment. Do not allow lips to become dry, it may interfere with healed color if dryness is permitted. Tap ointment on skin do

not rub. Always use a clean Q-tip, not fingers to apply ointment to the lips; this will reduce the risk of secondary infection.

- After lips are no longer tender to the touch, they may become flaky. This is normal and is expected. Please do not pick or scratch at them, doing so may significantly reduce the amount of pigment uptake.
- Avoid the sun and tanning beds pre & post procedure. Be sure to use a sun block once lips are healed. Do not use any Glycolic, Hydroxy, Carmex or Fruit Acid products on lips.
- Avoid direct water pressure and submerged swimming until healed. Try to keep toothpaste off your lips for 72 hours, post treatment. You can resume wearing lipstick once lips are healed. Rule of thumb: if your personal lip-gloss or lip treatment products sting or burn your lips, toss it back in your drawer for another week. Rinse it off your lips and apply provided aftercare ointment. A lot of commercial lip products contain acids in them as a preservative; this could burn you if used prematurely. Redness, swelling, tenderness, dryness are all common post treatment side effects and will dissipate in a short period of time. Also avoid any friction to lip area until healed.

Lip procedures are a common trigger for those who suffer from fever blisters. Clients are asked to go to their doctor or dentist for an anti-viral medication prior to any lip procedure, to help avoid an outbreak (Valtrex or Zovirax are commonly prescribed by physicians, however we ask that you follow your doctor's recommendations).

Lips heal in three stages:

1. Too bright (immediately post-procedure)
2. Too light (after sloughing)
3. Just Right (in about 28 days)

The older the client is, the longer the healing period will take. Waiting an extra week before any retouches is advisable for clients over 50 years of age. This extra week will allow the restoration of the natural collagen to the lip tissue.

Progression of healing:

Why do lips appear pale after the first week? Simple, there is extra pigment trapped in the epidermis that will shed and slough off in the first week, then actual healing begins. As skin encapsulates the pigmented area, it may appear very opaque. This is normal and to be expected. Pigment is now being viewed under the skin. As the natural healing proceeds, dead skin cells will slough off in about 4-6 weeks. Then you will see a nice color healed through the skin.

It is not realistic for a client to expect a true lipstick look. Lipstick is worn topically on the skin. Permanent lip procedure pigment (color) is viewed under the skin surface. During the healing process the lip pigments used will revert back to their original state, which is a powder. Clients need to understand that lip procedures do not replace makeup. In fact, it is advised to wear some type of lip-gloss to enrich the color of the pigment that has been implanted. Lips will vary in color on a daily basis, and change color during any given day. These changes in a healed lip color will occur for various reasons; when we are hot or cold, or if we are well hydrated vs. dehydrated are a few of the more common reasons.

If you are informed, follow post-care instructions, and have realistic expectations about your final lip color, you can enjoy the remarkable benefits of what a Permanent Lip Procedure can offer.

Your lips will feel swollen and dry for several days after procedure. This is normal and to be expected. You may use ice packs a few times a day for the first day. Keep a clean barrier between the ice pack and your lips. You will want to drink from a straw the first few days and avoid salty foods. Sleep with your head elevated for the first few nights. Please use Aquaphor the first two days only. Then switch to a non-Vaseline product.

Suggestions:

1. Chapstick "All Natural"
2. Shea Butter or CoCo Butter
3. Eco Lips from any Health Food Store
4. Reviva Labs Vitamin E Stick- GNC Store
5. The Gap makes a Lip Balm without Vaseline in it.

Days 1-3:

Color will be too bright.

Days 4-5:

Color will begin to slough off. Do not pick or peel this skin, it has to come off on its own.

Days 5-6:

Lips seem to lose at least 50% of the color implanted (depending on the color chosen) and now they will look too light! Don't panic!! This is normal and to be expected. You now view the color from underneath the skin. Lips change color more than any other procedure. The color slowly returns during the month of healing.

Color can change daily, depending if you are cold, dehydrated, or on certain medications. This is because of the natural blue undertone that is in your lips. The first session is just a start to the lip color process. All fine detail work and color modifications are done in the second session.

Although this is permanent the color will fade over time, lighter colors will fade faster than darker colors. Fading is also dependent on the skin's age and its ability to retain color.